

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
06:15 - 07:00 Aqua Gym Mona		06:15 - 07:00 Aqua Rücken Jelena		06:15 - 07:00 Aqua Gym Franziska		
07:15 - 08:00 Aqua Gym Mona		07:15 - 08:00 Aqua Gym Jelena		07:15 - 08:00 Aqua Gym Franziska		
08:15 - 09:00 Aqua Fatburner Mona		08:15 - 09:00 Aqua Gym Jelena		08:15 - 09:00 Aqua Rücken Franziska	↓ ↓ NEU ↓ ↓	↓ ↓ NEU ↓ ↓
	09:15 - 10:00 Aqua Gym Stefanie		09:15 - 10:00 Aqua Gym Lin	09:15 - 10:00 Aqua Gym Stefanie	09:15 - 10:00 Aqua Gym Julie / Olena	09:15 - 10:00 Aqua Gym Pamela
	10:15 - 11:00 Aqua Gym Stefanie		10:15 - 11:00 Aqua Gym Lin	10:15 - 11:00 Aqua Gym Stefanie	10:15 - 11:00 Aqua Gym Julie / Olena	10:15 - 11:00 Aqua Gym Pamela
	11:15 - 12:00 Aqua Gym Stefanie		11:15 - 12:00 Aqua Gym Lin	↑ ↑ NEU ↑ ↑	↑ ↑ NEU ↓ ↓	↑ ↑ NEU ↑ ↑
	15:30 - 16:15 Aqua Gym Pamela			→ → NEU → →	15:15 - 16:00 Aqua Gym Julie	← ← NEU ↓ ↓
	16:30 - 17:15 Aqua Gym Pamela			16:15 - 17:00 Aqua Rücken Antonia	16:15 - 17:00 Aqua Gym Julie	16:15 - 17:00 Aqua Gym Saskia
				17:15 - 18:00 Aqua Dance & Fit Antonia	↑ ↑ NEU → →	17:15 - 18:00 Aqua Gym Saskia
				18:15 - 19:00 Aqua Jogging Antonia		
19:00 - 19:45 Aqua Gym Luisa		19:00 - 19:45 Aqua Gym Petra	19:00 - 19:45 Aqua Gym Saskia	19:15 - 20:00 Aqua Gym Maja		
20:00 - 20:30 Aqua Express Luisa	19:45 - 20:30 Aqua Gym Karl	20:00 - 20:45 Aqua Gym Petra	20:00 - 20:45 Aqua Gym Saskia	20:15 - 21:00 Aqua Gym Maja		
		21:00 - 21:45 Aqua Beckenboden Petra	21:00 - 21:45 Aqua Intervall Saskia	21:15 - 22:00 Uhr Aqua Fatburner Maja		



Alle Kurse inkl. Eintrittspreis, mit 90 Minuten Zeitgutschrift und Nachzahlungsmöglichkeit – Infos und Buchung:

>> www.aquafit-stuttgart.de

AQUA FITNESS		AQUA FOKUS		AQUA SPECIAL		AQUA DANCE
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